

Today in the fellowship hall, join us for our sermon series *Second Chances*.  
Our sermon this morning is *The Walking Dead*.

Luke 8:26-29 from the Common English Bible (CEB):

<sup>26</sup> Jesus and his disciples sailed to the Gerasenes' land, which is across the lake from Galilee.  
<sup>27</sup> As soon as Jesus got out of the boat, a certain man met him. The man was from the city and was possessed by demons. For a long time, he had lived among the tombs, naked and homeless. <sup>28</sup> When he saw Jesus, he shrieked and fell down before him. Then he shouted, "What have you to do with me, Jesus, Son of the Most High God? I beg you, don't torture me!" <sup>29</sup> He said this because Jesus had already commanded the unclean spirit to come out of the man. Many times it had taken possession of him, so he would be bound with leg irons and chains and placed under guard. But he would break his restraints, and the demon would force him into the wilderness.

\* \* \*

You will find the words and responses on the screens during the Contemporary worship service.  
The general order we follow each Sunday is:

- Gathering:** Praise Songs and Greeting
- Gratitude:** Offering and Prayer
- God's Word:** Scripture and Message
- Going:** Praise Song and Sending

*The prayer shawl represents the sharing of God's love and grace and is for you to take for yourself or give to someone who is suffering with despair, loss, or illness.*

-  **Songs in Today's Service:** *Walk by Faith* by Praise Band
- Made New* by Lincoln Brewster
- Breathe* by Michael W. Smith
- Open the Eyes of My Heart* by Michael W. Smith

*These and other praise songs can be found on PER 90.5 FM. Listening will improve your week.*

*We are building our contemporary worship team. If you would like to sing, play, or be part of our audio/visual team, please contact Brian Mahne at [bmahne@shadygroveumc.net](mailto:bmahne@shadygroveumc.net).*



**SERMON NOTES**

**Luke 8:26-29**

- In our text, Jesus wants to go across the lake \_\_\_\_\_ of Galilee.
- In the first century demons were understood to be \_\_\_\_\_.
- Anytime Jesus comes in contact with demons in the gospel accounts the demons become \_\_\_\_\_ and when he asked them to \_\_\_\_\_, they did.
- The brain is the most \_\_\_\_\_ organ in our bodies.

Will you be loyal to Shady Grove United Methodist Church and uphold your church by your prayers, your presence, your gifts, your service, and your witness?

The church finances are updated monthly on the website, [www.shadygroveumc.net/finance](http://www.shadygroveumc.net/finance), and include finance committee perspectives. We encourage you to review routinely to glean insights on both the operating budget and debt management.

**ATTENDANCE for 4/23/2017**

8:15	9:30	11:00	Cont.	Total	SS	COW
23	137	118	162	449	135	18

**Sunday 4/30**

- Regular Worship Schedule
- Confirmation Class (DOG House) 9:00-10:30 am
- Testify Rehearsal (FH) 9:30-10:30 am
- Girl Scout Troop 5107 (EB 202/203) 4:00-5:45 pm
- G-3 (Chapel Bldg.) 5:00-6:00 pm
- Rowdy MOMs (Chapel Bldg., C-3) 5:00-6:00 pm
- Rise Against Hunger Dinner (FH) 6:00-7:00 pm
- Beth Moore Women's Bible Study (EB 203) 6:30-8:00 pm

**Monday 5/1**

- Girl Scout Troop 5366 (EB 201) 4:00-5:30 pm

**Tuesday 5/2**

- CCC Managers Meeting (DOG House) 8:30-11:30 am
- Staff Meeting (Church Office) 10:00-11:30 am
- Short Pump Ruritan Board Meeting (EB 203) 7:00-8:30 pm

**Wednesday 5/3**

- Faith Care Infant/Toddler/Twos Nursery (EB 111) 6:15-7:15 pm
- Sprouts – Threes to Fives (EB 106) 6:15-7:15 pm
- Bible Zone grades 1-5 (EB 209) 6:15-7:15 pm
- Rowdy MOMs (EB 201) 6:15-7:15 pm
- Disciple Fast Track (EB 203) 6:15-7:15 pm
- Testify Rehearsal (FH) 7:15-8:15 pm
- Sanctuary Choir Rehearsal (Sanctuary) 7:15-8:45 pm
- Meditation with Kate (Library) 7:30-8:15 pm

**Thursday 5/4**

- UMM Bible Study (DOG House) 6:45-7:45 am
- UMM Dinner and Meeting (FH) 6:00-9:00 pm
- Disciple IV (EB 207) 6:15-7:30 pm
- Richmond Christian Singles Bible Study (EB 206) 7:00-8:30 pm
- Boy Scouts – Troop 735 (FH) 7:00-9:00 pm

**Friday 5/5**

- Middle School Breakfast (Chick-fil-A) 7:20 am
- Women's Bible Study (Chapel Bldg.) 9:45-11:00 am
- Gideon's Call (Sanctuary) 5:00-7:00 pm

**Saturday 5/6**

- Confirmation Worship Service (Sanctuary) 4:00 pm

**Sunday 5/7**

- Regular Worship Schedule
- CCC Anniversary Celebration
- Confirmation Recognition (Sanctuary) 9:30-10:30 am
- Testify Rehearsal (FH) 9:30-10:30 am
- Lunch with the Pastors (FH) 12:15-1:30 pm
- Nicely Girl Scout Gold Award Ceremony and Reception (Sanctuary/FH) 12:30-5:00 pm
- Gothard Eagle Scout Ceremony and Reception (Chapel Bldg.) 2:30-5:00 pm
- Children's Council Meeting (EB 205) 3:45-4:45 pm
- Praise Kids (Sanctuary) 4:15-5:00 pm
- SonShine Singers (Sanctuary) 4:30-5:00 pm
- G-3 (Chapel Bldg.) 5:00-6:00 pm
- Rowdy MOMs (Chapel Bldg., C-3) 5:00-6:00 pm
- Girl Scout Troop 3007 (EB 209) 5:00-6:30 pm
- Middle School Large Group (DOG House) 6:00-7:00 pm
- Beth Moore Women's Bible Study (EB 203) 6:30-8:00 pm
- High School Large Group (DOG House) 7:30-8:30 pm



**Sunday, April 30, 2017**

**THIS WEEK  
AT SHADY GROVE**

**Shady Grove  
United Methodist Church  
Short Pump**

4825 Pouncey Tract Road  
Glen Allen VA 23059  
(804)360-2600  
[www.shadygroveumc.net](http://www.shadygroveumc.net)

**Regular Sunday Schedule**

- 8:15 am  
Traditional Worship Sanctuary
- 9:00-11:00 am  
HeBrews Coffee Fellowship Hall
- 9:30 am  
Informal Traditional Worship Sanctuary
- Nursery Faith Care (infants-age 2) *Education Building*
- 3 Years-5th Grade Sunday School *Education Building*
- Youth Sunday School Chapel Building
- Adult Sunday School Chapel Building
- 11:00 am  
Informal Traditional Worship Sanctuary
- Contemporary Worship Fellowship Hall
- Nursery Faith Care (infants-age 2) *Education Building*
- Children's Own Worship** Chapel



## Announcements for April 30, 2017

We are glad you are here. It is our hope that you will find our worship meaningful and life-giving. If you are searching for a church home or are interested in learning more about Shady Grove UMC, we invite you to attend our next "Lunch with the Pastors" next Sunday, May 7, at 12:00 noon. To RSVP for lunch, please call the church office at 360-2600 or email [dhockemeyer@shadygroveumc.net](mailto:dhockemeyer@shadygroveumc.net).

### TODAY

**Today we continue our sermon series, *Second Chances*.** The message of the gospel is no matter where we are or what we've done, God sees beyond our imperfections, loves us, forgives us, and offers us a new life. Come hear the stories of people in the Bible who were given second chances.

**Rise Against Hunger Dinner is today at 6:00 pm** – Rise Against Hunger, formerly Stop Hunger Now, is an international hunger relief agency fulfilling a commitment to end world hunger. This dinner will be an opportunity to learn a little more about Rise Against Hunger, world hunger, and to help us raise the funds needed to package 25,000 meals in 2 hours. This will be your first opportunity to sign up to participate to **pack meals on May 21**. Questions? Contact Frank Basil at [youth@shadygroveumc.net](mailto:youth@shadygroveumc.net).

**Vacation Bible School** – Register for VBS the week of June 19-23 for children ages 3-fifth grade. VBS meets from 9:00 am to 12:00 noon. At *Hero Central*, kids will discover their strength in God and realize that they are God's heroes! Many adult and youth volunteer opportunities are available to make VBS a success. Registration forms are available at the church office, Sunday mornings in the sanctuary foyer 10:30-11:00 am, or at [www.shadygroveumc.net/vbs2017](http://www.shadygroveumc.net/vbs2017).

**Prayer Partners for Youth Summer Missions** – Fill a prayer bag for a specific individual with some fun goodies and pray during our trips. Prayer Bags are available for pick up either at worship on Sunday mornings or in the church office during the week. Items to include-candy (no chocolate), gum, cards, fun stuff, notes of encouragement, etc., but please do NOT include-caffeine/energy shots, whistles, chocolate, weapons, etc. Contact Frank Basil at [youth@shadygroveumc.net](mailto:youth@shadygroveumc.net) or 370-4633.

**Finance Committee** has published the summary from the end of the fiscal year on March 31, 2017 on the website at [www.shadygroveumc.net/finance](http://www.shadygroveumc.net/finance).

**Our Next Chapter** – Continue to pray for SGUMC as we prepare to say farewell to Rev. David Adkins, welcome Rev. Chris McLain, and move forward with the building plan. Learn more at [www.shadygroveumc.net/nextchapter](http://www.shadygroveumc.net/nextchapter).

**Got pictures?** Please send any Shady Grove UMC pictures you are willing for us to use on the website, eblast, and social media to [pictures@shadygroveumc.net](mailto:pictures@shadygroveumc.net). Thank you!

### THIS WEEK

**Register now for summer Camp Play and Pray – June 5-9 *Old McDonald's Farm* for ages three - Pre-K; July 10-14 *Knights, Princesses, and Dragons—Oh, My!* for ages three - rising first grade; July 31- August 4 *On the Dock* for ages three - rising first grade.** Cost is \$130 per week. For more information or to download a registration form, go to [www.shadygroveumc.net/children](http://www.shadygroveumc.net/children). Questions? Contact Kate Bishop at [kbishop@shadygroveumc.net](mailto:kbishop@shadygroveumc.net).

**Called Charge Conference on Monday, May 1** – All members of the congregation are invited to a called charge conference at 6:30 pm in the sanctuary at which members of the Church Council will vote to incorporate Shady Grove United Methodist Church so that the Church can become a legal entity which will allow it to take advantage of legal protections and ease of transactions afforded to corporations under Virginia law.

**Join the United Methodist Men for our last meeting of the year on Thursday, May 4.** Chef Mike will be preparing pork tenderloin, mashed potatoes and gravy, roasted corn salad, applesauce, and lemon bars for dessert. Our speaker will be Owen Beightol of Campus Outreach serving at George Washington University in DC. He'll be speaking about his organization and the challenges he sees facing college-aged young people today. We will be electing officers for the coming year and we have the roles of President and Vice President open. Reach out to Travis Goad, [htravis.goad@gmail.com](mailto:htravis.goad@gmail.com), if you are interested in hearing more. Fellowship begins at 6:00 pm, with dinner, meeting, and speaker to follow. Cost of the dinner is \$10, but free for first timers. Childcare will be provided.

**A Relay for Life team with the American Cancer Society** is being headed up by Amy Harmony of Rowdy Moms on **Saturday, May 6**, in honor of another Rowdy Mom's fight against cancer. Learn more at <http://tinyurl.com/crushingcancerwithcam>. Contact Amy at [aharmony@verizon.net](mailto:aharmony@verizon.net).

**Confirmation Worship Service and Celebration is May 6 and 7** – The congregation is invited to the Confirmation worship service on Saturday, May 6, at 4:00 pm in the sanctuary when 23 youth will become members of Shady Grove UMC - Short Pump. These confirmands will be recognized at the 9:30 service in the sanctuary on Sunday, May 7.

**Sign up now for exciting summer camps at The Center for Creative Arts.** See the details on art, music, musical theater, robotics, and chess camps at [www.center4creativearts.org](http://www.center4creativearts.org).

### COMING UP

**CCC Anniversary Celebration Sunday, May 7** – Celebrate the ministry and mission of the Caring Clothes Closet.

**Betty Fairbanks Circle** meets on the second Monday of every month at 1:00 pm in the education building, room 201. Our next meeting will be **May 8**. All women in the Shady Grove community of faith are welcome. Contact Nancy Lowe at [nancyloewe10@comcast.net](mailto:nancyloewe10@comcast.net) or 716-0517.

**Why try killing two birds with one stone, when SGUMC is giving you THREE OPPORTUNITIES TO KILL A MOCKINGBIRD?** Participate in one, two, or all three options: **Thursday, May 11:** SGUMC's Book Club discussion of Harper Lee's classic novel *To Kill a Mockingbird*. Come for dinner around the kitchen table in the church office. Bring a NUT FREE potluck dish that represents your favorite summer fare, 6:00-7:30 pm. **Sunday, May 21:** Screening of 1962's *To Kill a Mockingbird*, 6:00-8:30 pm in the education building, room 201. **Four Week Study of Matt Rawle's, *The Faith of a Mockingbird*** 6:30-7:30 pm in the education building, room 201: **May 25 through June 15.** As we begin winding down in spring and gearing up for summer, let us look to a classic to understand timeless themes of class, courage, and compassion, among many others. For more information or help ordering a copy of *To Kill a Mockingbird* or *The Faith of a Mockingbird*, contact Lauren Adkins: [ladkins@shadygroveumc.net](mailto:ladkins@shadygroveumc.net) or 212-7195.

**The Center for Creative Arts Preschool Paint & Play! Ages 3-6, May 30 - June 2, and June 12 - 16.** Join us for fun mornings full of drawing, painting, stories, and games inspired by classic children's stories and poetry. Children will paint a hot air balloon, lions, life under the sea, their favorite stuffed animal, and more! Email [center4creativearts@comcast.net](mailto:center4creativearts@comcast.net) to register.

**The Sophie House 5K will be held on Saturday, June 3**, and will start and end in our parking lot. Opportunities are available for runners, walkers, volunteers, sponsors, and spectators. Learn more at <https://thesophiehouse.org/5k/>.

**High School and College Graduates June 4 at 9:30 and 11:00 am** – We will be honoring our 2017 high school and college graduates during worship. We will also be having a lunch for high school graduates and their immediate family offsite at 1:00 pm. If you are graduating this year, please go to [www.shadygroveumc.net/youth](http://www.shadygroveumc.net/youth) and click the link to complete the "Graduate Info" form so we will have all the pertinent information. Question? Email Frank Basil at [youth@shadygroveumc.net](mailto:youth@shadygroveumc.net). Please be sure to **reply by Sunday, May 28**.

### Connection Group Discussion Questions

For the week of April 30, 2017

Luke 8:26-29

*These questions are to be used as a spring board for discussion. Answers may or may not be found in the sermons.*

1. Jesus goes out of his normal routine to go across the lake to a place where they raised pigs. Why could this be a problem for Jesus?
2. Jesus often sought out people who seemed to be in hopeless situations to perform healings. Why did he do that?
3. In the first century people looked at people who dealt with issues that could not be medically explained as being demon possessed. What does demon possession mean to you?
4. One in six people deal with anxiety issues every year. Twenty-five percent of our population deals with some type of mental illness every year. How might these statistics help us see mental illness in a new light?
5. People who dealt with mental illness in the first century were generally stigmatized. How and why do we still stigmatize people with mental issues today?
6. In what ways did Jesus go out of his way to bring healing to this defeated man? What can we learn from Jesus in this story that could assist us in ministering to people with mental issues?
7. Jesus didn't eradicate mental illness in his culture through this one healing. In addition to prayer, what can the church offer to help people dealing with mental illness?
8. What would a holistic approach toward mental illness look like for the church?
9. After the man is healed, Jesus tells him to go back to town and share what God has done. What does this say about discipleship?
10. Faith-based programs like AA are led by people who have dealt with alcoholism themselves. Share how faith helps people gain victory over addictions or particular illnesses.

*In addition to the names listed below, we pray for the written and unwritten prayers received through the Prayer Request Cards.*

#### PRAYER CONCERNS

Cam Akers, Tori Anderson, Rick Bragga, Rachael Bradfield (daughter-in-law of Glenn and Sylvia Cooper), Kim Dodson (mother of Shana Miller), Lachlan Fender (nephew of Jeff and Sara Fender), Betty Finley, Cheryl Fitzgerald (sister of Donna Noble), Pat Gammon (mother of Karen Nicely), Ann Gooch (mother of Anita Schrunk), Ray Gudum, Ann Gussett (mother of Laura Ann Kump), Laura Harkonen-missionary in Congo, Tommy Harris, Ryan Hartsook (son-in-law of Ruth Powell), Don Herrick (father of Anne Hurst and Sarah Metzgar), Peggy Hill, Terry Hoover (father of Haylee Douglas), Betsy Katko, Susie Kottcamp, Jane Mackey (mother of Roger Mackey), Phoebe Mackey (mother of Elizabeth Compton), Charlotte Manning (granddaughter of Barry Green), Pam Melton (daughter of Sylvia Chartier), Diane Morrison, Romine Overbey (mother of Susan Hollins), Ginger Perkin (daughter of Dave and Diane Bennett), Caiden Purkey (grandson of Bob and Lisa Jones), Mike Purkey (son-in-law of Bob and Lisa Jones), Diane Reid, Amira Safwat, Marie Thurman, Sara Walker

#### Homebound

Aleida Bultman-Brookdale, Beverly Robertson (mother of Martha Anne Martin), Shirley Ronquest-Crump Manor, Linda Stone-Our Lady of Hope

#### Global Missionaries

Heather and James-location undisclosed, Nico Chantel-Europe, Fishers 4 Him-Dominican Republic, Eva and Lindsay Gilliam-Southeast Asia, Laura and Timo Harkonen-Democratic Republic of the Congo, Liz Jackson-Philippines, Quynh-Hoa Nguyen-Vietnam

We extend our Christian love and sympathy to Sharon Conlyn and family upon the death of her husband, Alex Conlyn.

