

Today in the fellowship hall join us as we continue our sermon series, *Decisions That Will Change Your Life*. This morning's focus is *The Decision to Grow Up*. In addition we will hear from Lauren Adkins and Kate Gharib regarding our Stewardship theme *Changing Lives*.

John 3:1-10 and Ephesians 4:14-16 from the New International Version (NIV):

*Now there was a Pharisee, a man named Nicodemus who was a member of the Jewish ruling council. <sup>2</sup> He came to Jesus at night and said, "Rabbi, we know that you are a teacher who has come from God. For no one could perform the signs you are doing if God were not with him." <sup>3</sup> Jesus replied, "Very truly I tell you, no one can see the kingdom of God unless they are born again." <sup>4</sup> "How can someone be born when they are old?" Nicodemus asked. "Surely they cannot enter a second time into their mother's womb to be born!" <sup>5</sup> Jesus answered, "Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. <sup>6</sup> Flesh gives birth to flesh, but the Spirit gives birth to spirit. <sup>7</sup> You should not be surprised at my saying, 'You must be born again.' <sup>8</sup> The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit." <sup>9</sup> "How can this be?" Nicodemus asked. <sup>10</sup> "You are Israel's teacher," said Jesus, "and do you not understand these things?"* — John 3:1-10

<sup>14</sup> Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. <sup>15</sup> Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. <sup>16</sup> From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work. — Ephesians 4:14-16

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You will find the words and responses on the screens during the Contemporary worship service. The general order we follow each Sunday is:

- Gathering:** Praise Songs and Greeting
- Gratitude:** Offering and Prayer
- God's Word:** Scripture and Sermon
- Going:** Praise Song and Sending



**Songs in Today's Service:**

- He Reigns* by Newsboys
- Cornerstone* by Hillsong
- Come Now is the Time to Worship* by Brian Doerksen
- Forever* by Kari Jobe; Tara Cornett, soloist
- Lifesong* by Casting Crowns

*These and other praise songs can be found on PER 90.5 FM. Listening will improve your week.*

**Sunday 1/22**

- Regular Worship Schedule
- Praise Team Rehearsal (FH) 9:30-10:30 am
- Lunch with the Pastors (FH) 12:00-1:30 pm
- Pack 735 Pinewood Derby (FH) 2:00-5:00 pm
- Girl Scout Troop 5107 (EB 202/203) 4:00-5:45 pm
- Praise Kids (Sanctuary) 4:15-5:00 pm
- G-3 (Chapel Bldg.) 5:00-6:00 pm
- Rowdy MOMs (EB 201) 5:00-6:00 pm
- Girl Scout Troop 3007 (EB 209) 5:00-6:30 pm
- Middle School Large Group (DOG House) 6:00-7:00 pm
- High School Large Group (DOG House) 7:30-8:30 pm

**Monday 1/23**

- Preschool Staff Meeting (EB 201) 12:00-2:00 pm
- Rise Rehearsal (FH) 3:00-9:00 pm
- Girl Scout Troop 5355 (EB 106) 4:00-5:30 pm

**Tuesday 1/24**

- CCC Managers Meeting (DOG House) 8:30-11:00 am
- Preschool Chapel (Sanctuary) 9:30-10:00 am
- Staff Meeting (Church Office) 10:00-11:30 am
- Richmond Babywearers Meeting (EB 111/112) 4:30-6:00 pm
- Ruritans Meeting (FH) 6:00-8:00 pm

**Wednesday 1/25**

- Newsletter Folding Team (Church Office) 9:00-10:00 am
- Mary, Martha, Mom (Library) 9:15-10:15 am
- Preschool Chapel (Sanctuary) 10:30-11:30 am
- Bistro (FH) 5:15-6:15 pm
- Disciple I (EB 205) 6:00-8:00 pm
- Disciple Fast Track (EB 203) 6:15-7:15 pm
- Faith Care Infant/Toddler Nursery (EB 111) 6:15-7:15 pm
- Little Hands – Twos (EB 105) 6:15-7:15 pm
- Bible Zone grades 1-5 (EB 209) 6:15-7:15 pm
- SonShine Singers (Sanctuary) 6:15-6:45 pm
- Sprouts – Threes to Fives (EB 106) 6:45-7:15 pm
- Middle School Small Group (DOG House) 6:15-7:15 pm
- Rowdy MOMs (EB 201) 6:15-7:15 pm
- Connection Group (EB 206) 6:15-7:15 pm
- Gideon's Call (EB 204) 6:30-7:15 pm
- Praise Team Rehearsal (FH) 7:15-8:15 pm
- Sanctuary Choir Rehearsal (Sanctuary) 7:15-8:45 pm
- Meditation with Kate (Library) 7:30-8:15 pm
- Rise Rehearsal (FH) 8:30-11:00 pm

**Thursday 1/26**

- UMM Bible Study (DOG House) 6:45-7:45 am
- Disciple IV (EB 207) 6:15-7:30 pm
- Richmond Christian Singles Bible Study (EB 206) 7:00-8:30 pm
- Boy Scouts - Troop 735 (FH) 7:00-9:00 pm
- Knitting & Crochet Ministry (Home of Elaine Ratliff) 7:00-9:00 pm

**Friday 1/27**

- High School Breakfast (Chick-fil-A) 7:45 am
- Women's Bible Study (Chapel Bldg.) 9:45 am-11:00 am
- Girl Scout Troop 408 (EB 106) 2:40-4:00 pm

**Saturday 1/28**

- Youth Winter Retreat (Great Wolf Lodge) 9:00 am
- Rise Rehearsal and Set Up (FH) 12:00-9:00 pm

**Sunday 1/29**

- Regular Worship Schedule
- Praise Team Rehearsal (FH) 9:30-10:30 am
- Youth Winter Retreat return 12:00 noon
- Agape Ringers (EB 204) 3:30-4:15 pm
- Praise Kids (Sanctuary) 4:15-5:00pm
- G-3 (Chapel Bldg.) 5:00-6:00 pm
- Rowdy MOMs (EB 201) 5:00-6:00 pm



Sunday, January 22, 2017

**THIS WEEK AT SHADY GROVE**

**Shady Grove United Methodist Church Short Pump**  
 4825 Pouncey Tract Road  
 Glen Allen VA 23059  
 (804)360-2600  
 www.shadygroveumc.net

**Regular Sunday Schedule**

- 8:15 am  
Traditional Worship Sanctuary
- 9:00-11:00 am  
HeBrews Coffee Fellowship Hall
- 9:30 am  
Informal Traditional Worship Sanctuary  
Nursery Faith Care (infants-age 2) Education Building  
3 Years-5th Grade Sunday School Education Building  
Youth Sunday School Chapel Building  
Adult Sunday School Chapel Building
- 11:00 am  
Informal Traditional Worship Sanctuary  
Contemporary Worship Fellowship Hall  
Nursery Faith Care (infants-age 2) Education Building  
Children's Own Worship Chapel

**Last Sunday's Stewardship Report on 1/15/2017 (42 weeks)**

**2016 Fiscal Year is April 1, 2016 – March 31, 2017**

Will you be loyal to Shady Grove United Methodist Church and uphold your church by your prayers, your presence, your gifts, your service, and your witness?

**ATTENDANCE**

8:15	9:30	11:00	Cont.	Total	SS	COW
50	180	132	81	443	121	16

**OPERATING FUND FINANCIAL STATEMENT**

Amount received to date in 2016-17 Fiscal Year	\$ 750,089
Expenses to date for 2016 Fiscal Year	\$ 771,228
Pledge amount for 2016-17 Fiscal Year Operating Fund	\$ 807,587
Pledge cards received	237

**BUILDING FUND – (Mortgage Payments)**

Amount received to date in 2016-17 Fiscal Year	\$ 80,210
Principal & Interest paid in 2016 Fiscal Year	\$ 108,312
Pledge amount for 2016-17 Fiscal Year Building Fund	\$ 87,405
Pledge cards received	104

The Building Fund is used to serve our \$ 829,540 debt obligation from 2002-2004 construction of the sanctuary, fellowship hall, and education building, as well as the 2007 acquisition of the adjacent properties on Shady Grove Road. This loan is currently being paid down at a 20-year amortization rate.

**GROUNDING IN FAITH, GROWING TO SERVE CAMPAIGN**

Amount received to date	\$ 422,036
Pledge amount for 3 years Capital Campaign	\$1,579,545
Pledge cards received	131



**SERMON NOTES**

**John 3:1-10**

1. Know this as we follow Jesus, it's important that we ask \_\_\_\_\_, challenge \_\_\_\_\_ and take time to reflect on what we are learning.
2. Following Jesus mean we are open to growing and \_\_\_\_\_ to God in deeper and more meaningful ways.
3. Unless Nicodemus allowed himself to in a sense be "born again", he would never understand how the message of Christ could take him to a \_\_\_\_\_ with God.
4. Sometimes the \_\_\_\_\_ are more important than the answers.



## Announcements for January 22, 2017

We are glad you are here. It is our hope that you will find our worship meaningful and life-giving. If you are searching for a church home or are interested in learning more about Shady Grove UMC, we invite you to attend our next "Lunch with the Pastors" today at 12:00 noon. To RSVP for lunches, please call the church office at 360-2600 or email [plugin@shadygroveumc.net](mailto:plugin@shadygroveumc.net).

### TODAY

As we move into a new year, our sermon series *Decisions That Will Change Your Life* will help you set priorities. The series is based on Rev. Tom Berlin's book *Six Decisions That Will Change Your Life*.

The theme of our 2017 Stewardship campaign is **CHANGING LIVES**. We have seen our programs and missions positively impact the lives of our congregation and those we touch through our many outreach efforts. Between January 22 and February 12, we will highlight the experiences of a few of our church members so you can hear first-hand how their lives and the lives of others have been changed through the work of our church.

**Gift Cards to Benefit Youth Ministry** – Be sure to check out the gift card table on Sunday mornings in the sanctuary foyer or download an order form from [www.shadygroveumc.net/youth-documents](http://www.shadygroveumc.net/youth-documents) to see many other cards you can purchase. Questions? Contact Frank Basil at [youth@shadygroveumc.net](mailto:youth@shadygroveumc.net).

**Bible Boot Camp: Beyond Stories and Verses is returning Saturday, February 11!** Facilitator Jennifer McCluskey will walk (or run!) through the general content and historical context of the entire Bible. This 6 hour seminar is appropriate for all levels of Biblical knowledge and doubt! Adults and mature youth are welcome. Please plan to arrive at 8:30 am for registration and a light breakfast. The program will run from 9:00 am to 3:00 pm, with a break for a catered lunch. Cost: \$25 for all food and materials. Paper registration forms available in the narthex (on the side table under the tapestry) and online registration available at [www.shadygroveumc.net/biblebootcamp](http://www.shadygroveumc.net/biblebootcamp). Contact Lauren Adkins with questions: [ladkins@shadygroveumc.net](mailto:ladkins@shadygroveumc.net).

**Massanutten Tubing Trip** – The Children's Council is planning a family tubing trip to Massanutten Resort on **Saturday, February 11**. Cost is \$26 per person. We will carpool and leave the church parking lot at 9:00 am. Questions? Contact Beanie Kelly at [bkelly@shadygroveumc.net](mailto:bkelly@shadygroveumc.net). Signup today to purchase slope/tubing tickets (2 hour sessions).

**Soren Kierkegaard said, "Prayer does not change God, but it changes him who prays."** The dawn of every new year brings forth resolutions of change and betterment in our lives. Resolve to deepen your discipleship through prayer with the **Companions in Christ small group on Sunday mornings**, 9:30-10:30 am in room C4 of the chapel building. Please consider joining us for coffee and snacks, discipleship and fellowship. Questions? Contact Lauren Adkins, [ladkins@shadygroveumc.net](mailto:ladkins@shadygroveumc.net).

**Deliver altar flowers** – Altar flower distribution volunteer needed for the months of June, July, November, and December 2017. Deliver the altar flowers and calling card to members for one month each Monday after services to those who are in need of a reminder they are cared for by the church. Supplies and detailed instructions provided. Interested in this opportunity that blesses while blessing? Call the office at 360-2600 or email Dana Kelley, [musicadmin@shadygroveumc.net](mailto:musicadmin@shadygroveumc.net).

### THIS WEEK

**Join us Wednesday nights at Shady Grove Bistro** – Dinner is served 5:15 to 6:15 pm in the fellowship hall. RSVP on our website, [www.shadygroveumc.net/shady-grove-bistro](http://www.shadygroveumc.net/shady-grove-bistro), send an email to [sgumcdinner@gmail.com](mailto:sgumcdinner@gmail.com) or call 360-3907, ext. 46 by noon Tuesdays. Adults: \$7, Child: \$3, Family (parents & children): \$20. Menu for January 25 - meatloaf, apple cabbage coleslaw, mashed potatoes & gravy, lemon bars. Kids menu - macaroni & cheese, hotdogs, grapes, Rice Krispy squares.

**Gideon's Call**, a men's vocal ensemble, will be singing in worship Sunday, February 5. Rehearsals are Wednesdays from 6:30 to 7:15 pm. January 25 rehearsal is held in the education building, room 204. The final rehearsal is February 1 and will be held in the sanctuary. Boys in grades 8-12 and interested men are encouraged to join us and participate in this ministry opportunity. Contact Sylvia Cooper at [scooper@shadygroveumc.net](mailto:scooper@shadygroveumc.net) for more information.

**We hope to have handbells ringing** in worship April 2. There are only three rehearsals: March 15, 22, and 29, 6:15-7:15 pm (2 are required to ring), the choir will be composed of youth and adults, beginners welcome. If you are interested, contact Sylvia Cooper at [scooper@shadygroveumc.net](mailto:scooper@shadygroveumc.net) by **Wednesday, January 25**. Please let Sylvia know of any handbell experience.

**Disciple III begin Disciple IV, Under the Tree of Life**, Thursday, January 26, 6:15 to 7:30 pm in the education building, room 207, and they would like to invite new members to their group. **Disciple I is a prerequisite for completing all subsequent Disciple Courses**. Interested in learning more about meeting times and materials, contact Mark Tuttle at [mark987@hushmail.com](mailto:mark987@hushmail.com).

**Knitting and Crochet Ministry** is a group that's part of our church working together to stitch shawls, scarves, hats, and prayer squares for encouragement and comfort. You are invited to our next meeting hosted by Elaine Ratliff, 5009 Belmont Park Road, Glen Allen, on **Thursday, January 26**, at 7:00 pm. New members welcome! Questions? Call Margaret Phillips at 527-7857 or email [phillips.mwphillips@gmail.com](mailto:phillips.mwphillips@gmail.com).

### COMING UP

**Agape Ringers resume rehearsals January 29**. We will meet in the education building, room 204, on Sundays from 3:30 to 4:15 pm. This ensemble is being offered to children in grades 1-5. This year we will ring once a month at both 9:30 and 11:00 am services: February 19, March 19, and April 30. The ministry includes singing, playing Orff instruments and handchimes. Directed by Sylvia Cooper and assisted Karen Kugel. Contact Sylvia at [scooper@shadygroveumc.net](mailto:scooper@shadygroveumc.net).

**United Methodist Men Superbowl stew will be February 4**. Pickup on Saturday 11:00 am – 2:00 pm or between services on Sunday. \$7 per quart or \$20 for 3. Preorder your stew at [tinyurl.com/ummstew](http://tinyurl.com/ummstew). Contact Travis Goad ([htravis.goad@gmail.com](mailto:htravis.goad@gmail.com)) or Jason Sheriff ([jsher17@yahoo.com](mailto:jsher17@yahoo.com)) with questions.

**Join the United Methodist Men for our February Sweethearts dinner on Thursday, February 9**, in the fellowship hall for a delicious meal and entertainment. For dinner, Chef Mike will be preparing pot roast, mashed potatoes and gravy, green beans, carrots, dinner rolls, and cherry pie bars. Cost of the dinner will be \$20 per couple (or \$10 per person). Fellowship will begin at 6:00 pm, followed by dinner and entertainment featuring a number of our vocally talented church members and students of The Center for Creative Arts. Childcare will be available. RSVP or questions to Travis Goad, [htravis.goad@gmail.com](mailto:htravis.goad@gmail.com).

**Betty Fairbanks Circle** meets on the second Monday of every month at 1:00 pm in room 201 of the education building. Our next meeting will be February 13. Everyone in Shady Grove community of faith is welcome to attend. We will be discussing items that we missed the last meeting due to snow. Question? Contact Nancy Lowe, [nancylowe10@comcast.net](mailto:nancylowe10@comcast.net) or 716-0517.

When God created man in his image, he ENTRUSTED us as human vessels to care for his creation. As a woman, if you would like support and encouragement in this joyous (and at times harsh) journey, consider joining the **Sunday Night Women's bible study**. Beginning in February they will be studying *Entrusted: A Study of 2 Timothy* by Beth Moore. Information on start date, time, and location will follow. Email Lauren Adkins, [ladkins@shadygroveumc.net](mailto:ladkins@shadygroveumc.net), with questions.

**Confirmation 2017** – Confirmation classes will begin on February 26 when our youth (7th grade and older) will be given the opportunity to affirm their faith in God and become full members of Shady Grove UMC. Families are asked to contribute \$75 towards the cost of confirmation supplies and expenses. Questions? Contact Frank Basil at [youth@shadygroveumc.net](mailto:youth@shadygroveumc.net).

**Shady Grove is compiling a Lenten Devotional**. If you remember our devotional "What's Your Story?" you know the beauty of being a witness within our own Christian community. If you would like to contribute to our devotional, all gifts and talents are valued. Our creation of a print and online resource for the 40 days of Lent, plus the six Sundays we will worship together, will be the fruit of a collected effort to bring honor and glory to our Lord. Contact Lauren Adkins, [ladkins@shadygroveumc.net](mailto:ladkins@shadygroveumc.net).

**Adult Mission Opportunity** – Adults are invited to be part of the mission opportunity May 14-19 — Appalachia Service Project in Guyan Valley, WV, \$425. Questions or for more information contact Bob Payne at [rpayne60@comcast.net](mailto:rpayne60@comcast.net) or 305-8763.

### Connection Group Discussion Questions

For the week of January 22, 2017

John 3:1-10

These questions are to be used as a spring board for discussion. Answers may or may not be found in the sermons.

1. Who was Nicodemus and what was his status among Jesus?
2. Why did Nicodemus come to see Jesus at night?
3. Read the questions with which Nicodemus confronts Jesus. Do you think he was trying to understand Jesus' message or was he poking fun at his message?
4. What did Jesus mean when he said "no one can see the kingdom of God unless they are born again"?
5. Notice in our text that Nicodemus as well as Jesus ask a number of questions. Why is asking questions important to our faith development?
6. Recall a time in your personal life when possibly asking questions has taken you to a deeper relationship with God.
7. Do you think our questions can lead us to know everything about God? If not, why are questions important in faith development?
8. Can you recall a time when someone has questioned you about your understanding of God? If so, did the conversation help you in any way to grow in your faith?
9. What does making the decision to grow in your faith mean to you?
10. Discuss what you think it means to have a mature relationship with Christ. How is a mature faith different from one that is just beginning?

### PRAYER CONCERNS

Tori Anderson, Amy Carroll (sister of Sara Fender), Gil Chilton, Kim Dodson (mother of Shana Miller), Hugh Elwood, Betty Finley, Cheryl Fitzgerald (sister of Donna Noble), Jim Fitzgerald, Ann Gooch (mother of Anita Schrunck), Karen Gothard, Kathy Graeber, Ray Gudum, Ann Gussett (mother of Laura Ann Kump), Laura Harkonen-missionary in Congo, Tommy Harris, Ryan Hartsook (son-in-law of Mike and Ruth Powell), Ruth Henley, Don Herrick (father of Anne Hurst and Sarah Metzgar), Peggy Hill, Terry Hoover (father of Haylee Douglas), Preston Hudak, Betsy Katko, Susie Kottcamp, Jane Mackey (mother of Roger Mackey), Phoebe Mackey (mother of Elizabeth Compton), Wallace Martin, Willis McCauley, Pam Melton (daughter of Sylvia Chartier), Diane Morrison, Ginger Perkin (daughter of Dave and Diane Bennett), Amira Safwat, Jim Schmidt, Lois Ann Sessoms (mother of Rachel Smith), Margaret Shaw, Bobbie Stein, Sara Walker

### Homebound

Aleida Bultman, Mike Powell-Our Lady of Hope, Beverly Robertson (mother of Martha Anne Martin)-Our Lady of Hope, Shirley Ronquest-Crump Manor, Linda Stone-Our Lady of Hope

### Global Missionaries

Heather and James-location undisclosed, Nico Chantel-Europe, Fishers 4 Him-Dominican Republic, Eva and Lindsay Gilliam-US, Laura and Timo Harkonen-Democratic Republic of the Congo, Liz Jackson-Philippines, Quynh-Hoa Nguyen-Vietnam

